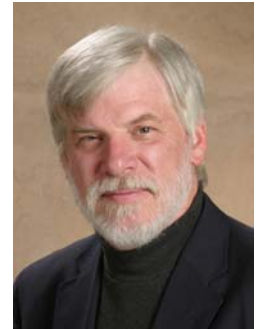


Living Life on Purpose



What if all of your life up until now has been on purpose? This course begins with the assumption, the assertion, that ALL of your life up until now has – in fact – been on purpose.

What does that do to your past? How then do you look at your trials and tribulations? Your successes and your joys? Is there a pattern that can be discerned? Have you been equipped – somehow – to do something that no other can do? Or to do something as no other can do it?

And as you look ahead, given that you have been — and are — on-purpose: Where are you headed? What have you been shaped for? How will you chose from here on? What's next?

Class titles for the series:

- ◊ *Looking Back – the Power in Your Past*
- ◊ *Bubbles and Threads ...*
- ◊ *Looking Ahead – the Power of Your Future*
- ◊ *Putting it All Together*
- ◊ *Of Metaphor and Impact ...*
- ◊ *Living Life on Purpose*

Course work is active, involving everyone in a variety of exercises and explorations. (All participants are asked to bring notebook and pen.) The course builds sequentially from week to week, with the capstone being the final class.

Course intentions, for all participants, include:

- To awaken a deeper sense of who you truly are;
- To explore what it might mean to live more deeply out of that core; and
- To equip you with some tools, concepts and disciplines to live life intentionally, on purpose.

Tom Colwell is an executive/corporate coach. He coaches individuals, leaders, work teams, departments, and organizations toward their goals of improvement, growth, and change. His work is done with the coaching perspective: forward-looking, strength-based, with client-defined directions and agendas.

With over 25 years experience as coach and consultant, projects and clients include cities, counties, and the State of Washington; University of Washington, Gonzaga, Boise State; University of Washington Medical Center, Children's Hospital, Swedish Medical Center, and other health-care providers; General Electric; law firms; financial institutions; corporations; non-profit organizations and churches/conferences.

Tom is a graduate of Yale University, The Coaches Training Institute, and Center for Right Relationships.